



ACTIVE GLOBAL
SPECIALISED CAREGIVERS
活力國際專業護理



BRAIN TEASERS

腦力遊戲

自我介紹

A few things about me:

我的名字 My name: _____

我的語言 My preferred language: _____

我的家人 About my family:

我最愛做的事是 Things I love to do:

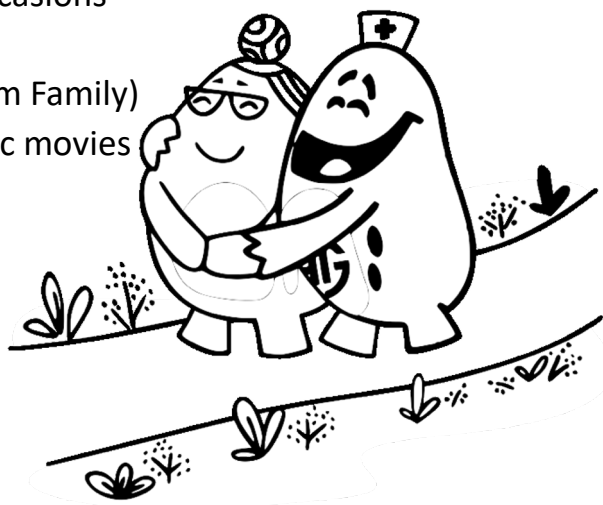
我最愛的食物是 My preferred foods:

我最愛去的地方是 My preferred places:

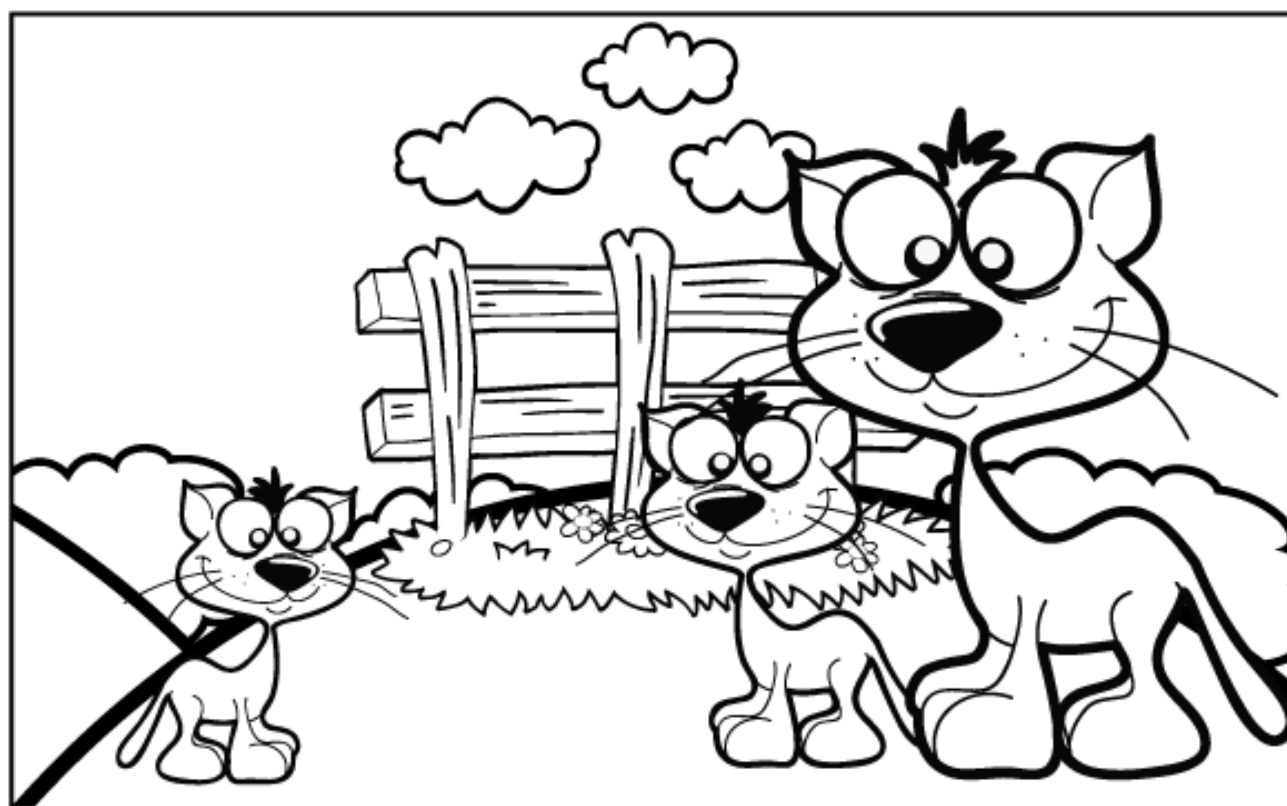
每天最愛 My daily dose of Joy

(tick all that applies)

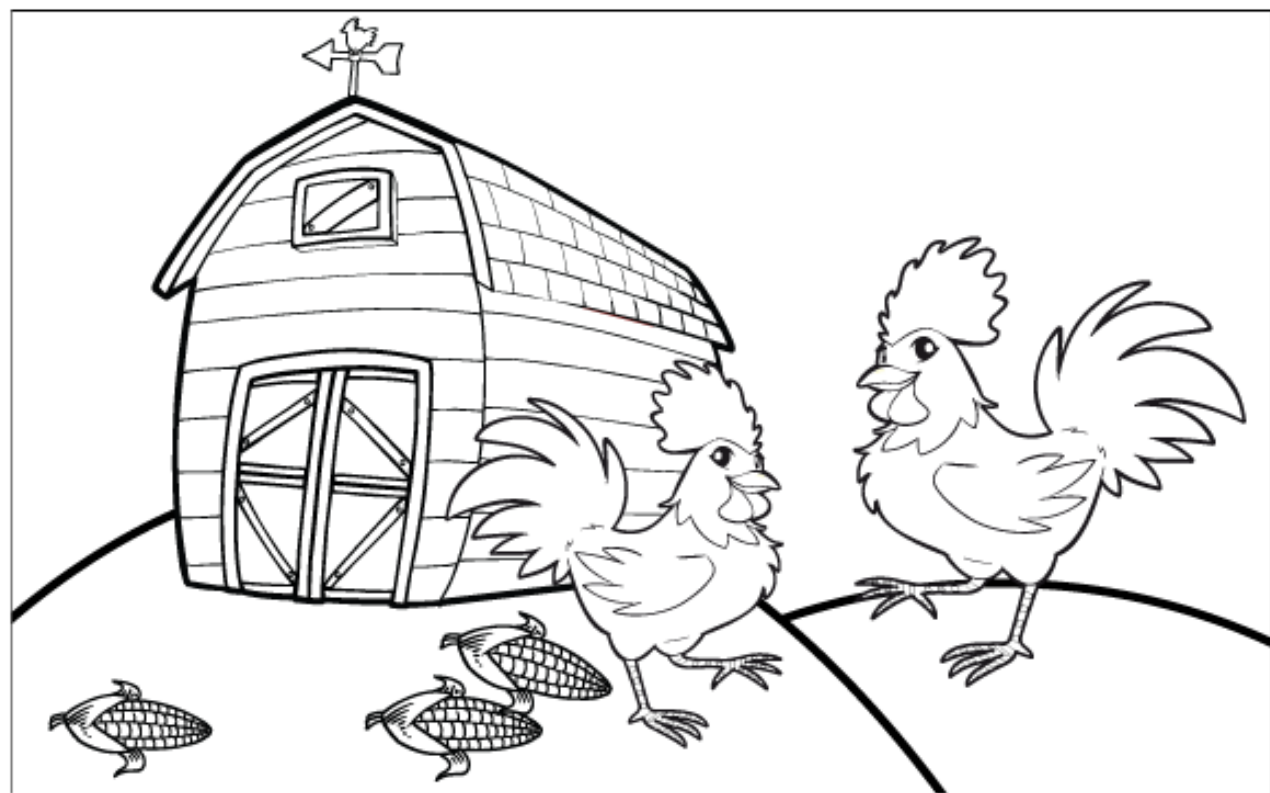
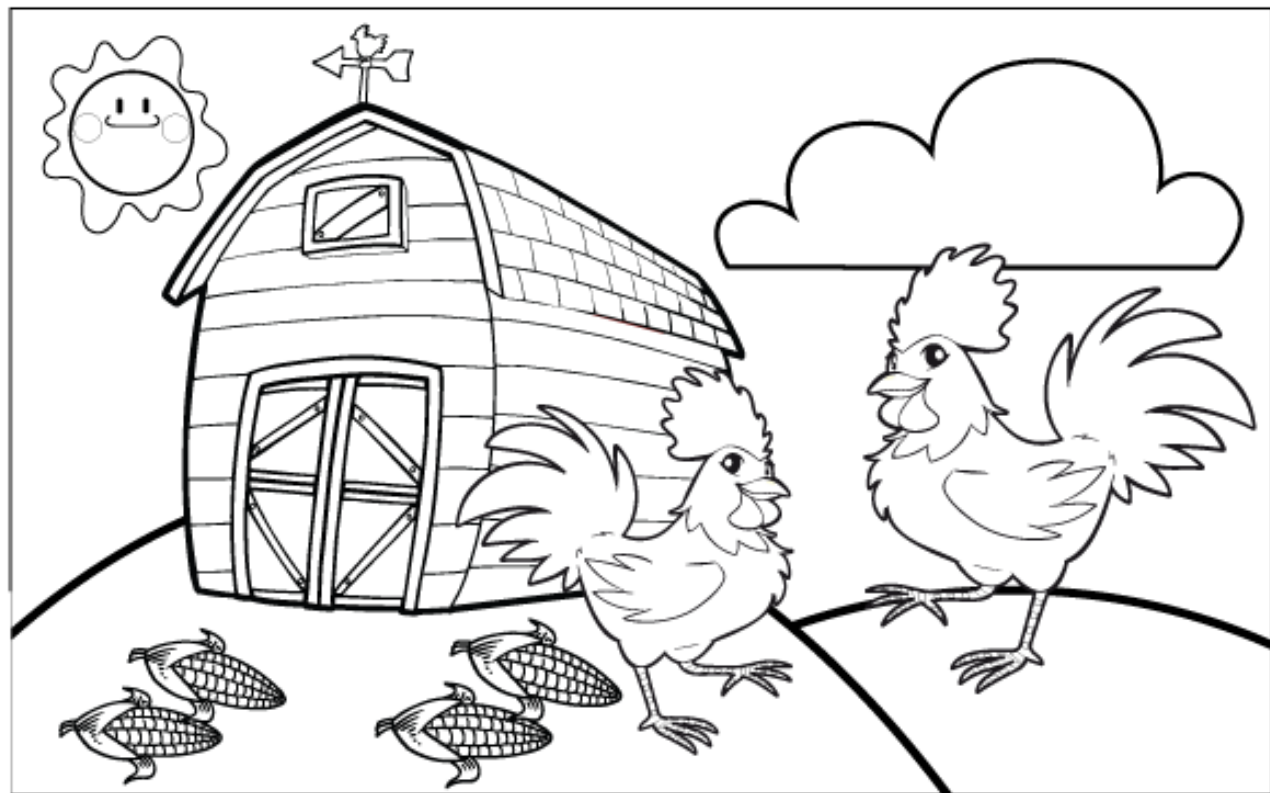
- ☐ 一起看報紙 Read the newspapers together
- ☐ 一起讀書 Read a book together
- ☐ 給植物澆水/ 種植物 Water the plants / Plant an herbs
- ☐ 一起遊車河 Go on a 'tourist' bus ride together!
- ☐ 鉤針, 編織, 縫製 Crochet, Knit, Sew ...
- ☐ 唱舊時最愛的歌 Sing old time favourites
- ☐ 一起聽音樂 Listen to music together
- ☐ 隨音樂跳舞! Dance to the music!
- ☐ 學習彈奏樂器 Learn to play an instrument
- ☐ 捉棋 例如跳棋 Play board games
- ☐ 查看舊照片/ 製作相簿 Look at old photos / Create a photo album
- ☐ 製作家譜 Make a Family tree
- ☐ 做一個家庭水療日 (足底按摩, 肩部按摩, 面部護理等)
Do a Home Spa Day (foot reflexology, shoulder massage, facial, etc.)
- ☐ 在家做一場時裝秀, 和朋友們穿最好的衣服
Do a Fashion show at home, wear our best clothes with friends
- ☐ 和海外親友聯絡 Phone or video-calls to family members living far away
- ☐ 照顧寵物 (或鄰居的寵物) Take care of the pets (or neighbours' pet)
- ☐ 一起去動物園或動植物公園 Go to the Zoo or the botanical garden together
- ☐ 整理房間, 抽屜或壁櫥 Organise a room, drawer, or closet
- ☐ 製作藝術品並裝飾牆壁 Create art and decorate the walls
- ☐ 一起製作最喜歡的食譜 Make a favourite recipe together
- ☐ 去公園看孩子們玩耍 Go to the park and watch kids play
- ☐ 製作賀卡 Make greeting cards for special occasions
- ☐ 收集要捐贈的物品 (在家人的允許下)
Gather items to donate (with permission from Family)
- ☐ 看最喜歡的經典電影 Watch favourite classic movies
- ☐ 玩腦筋遊戲 Play brain teasers
- ☐ 閱讀星座運勢 Read your horoscope
- ☐ 學習或教鄉下話 Learn or teach a dialect
- ☐ 做運動 Exercise
- ☐ 與老朋友敘舊 Reconnect with old friends
- ☐ 玩電子遊戲 Play video games



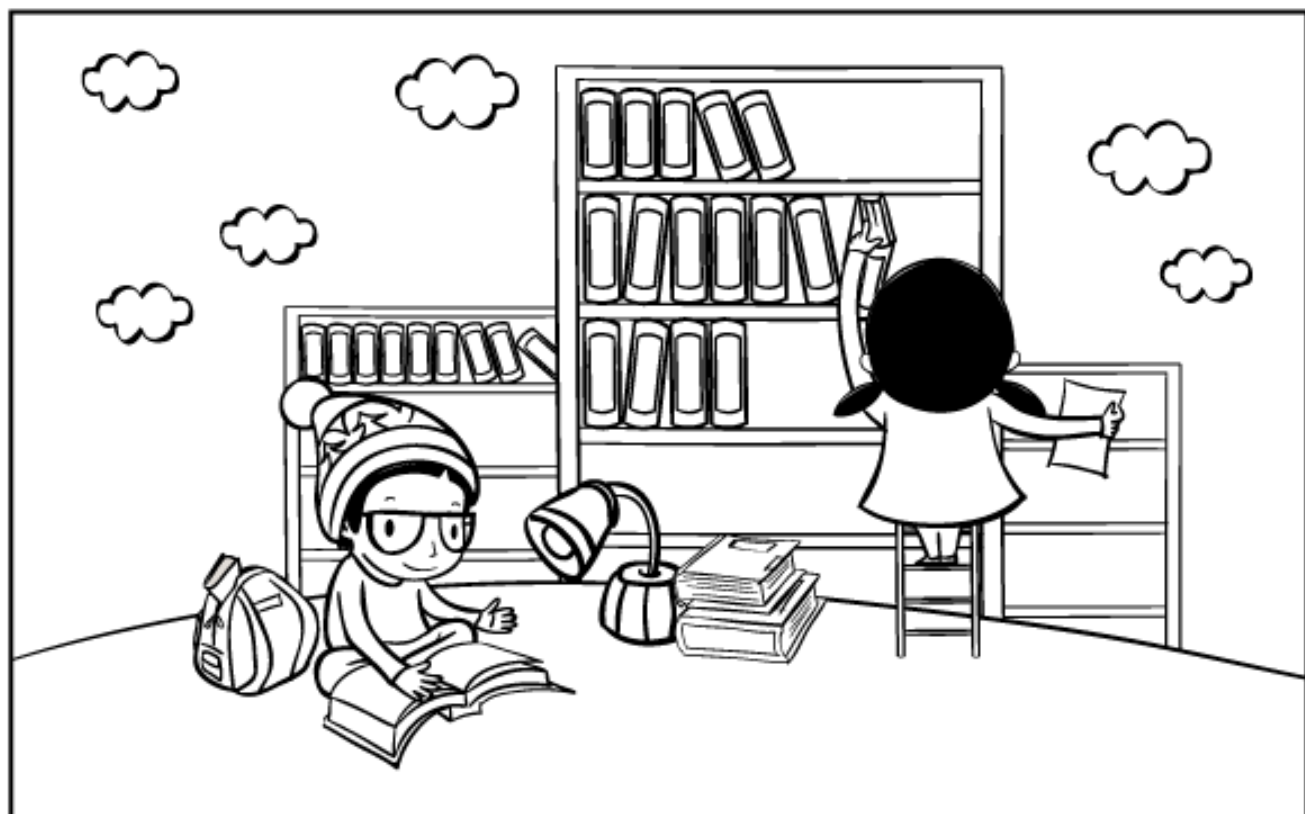
找不同 Spot The Differences!



找不同 Spot The Differences!

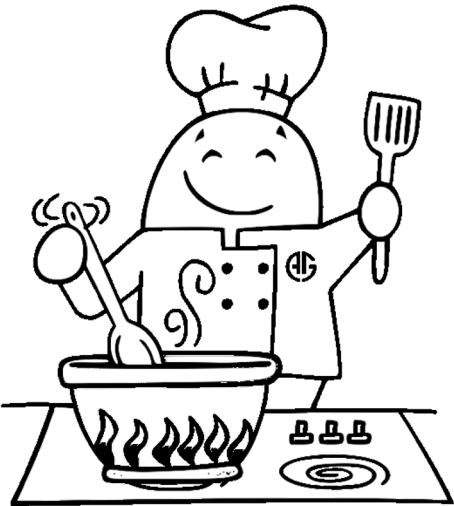


找不同 Spot The Differences!



數獨 SUDOKU

	5			2	9			
						1	7	
7	9	6			3	2		
				1	5		9	
3	6						2	1
	4		6	9				
		2	8			3	1	4
	1	8						
			2	7			5	



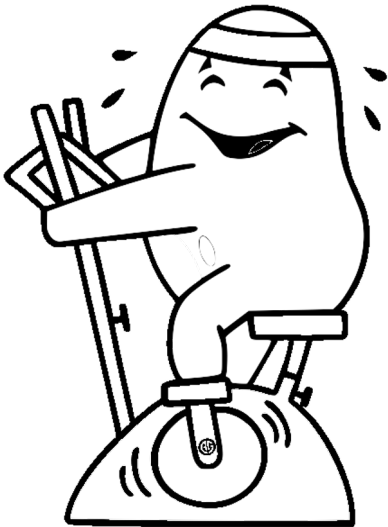
數獨 SUDOKU

5		3						
2			3					
	4		7	1		2		3
		5	4				7	1
		4	2		1	8		
6	8				7	5		
1		7		6	9		3	
					4			6
						9		5

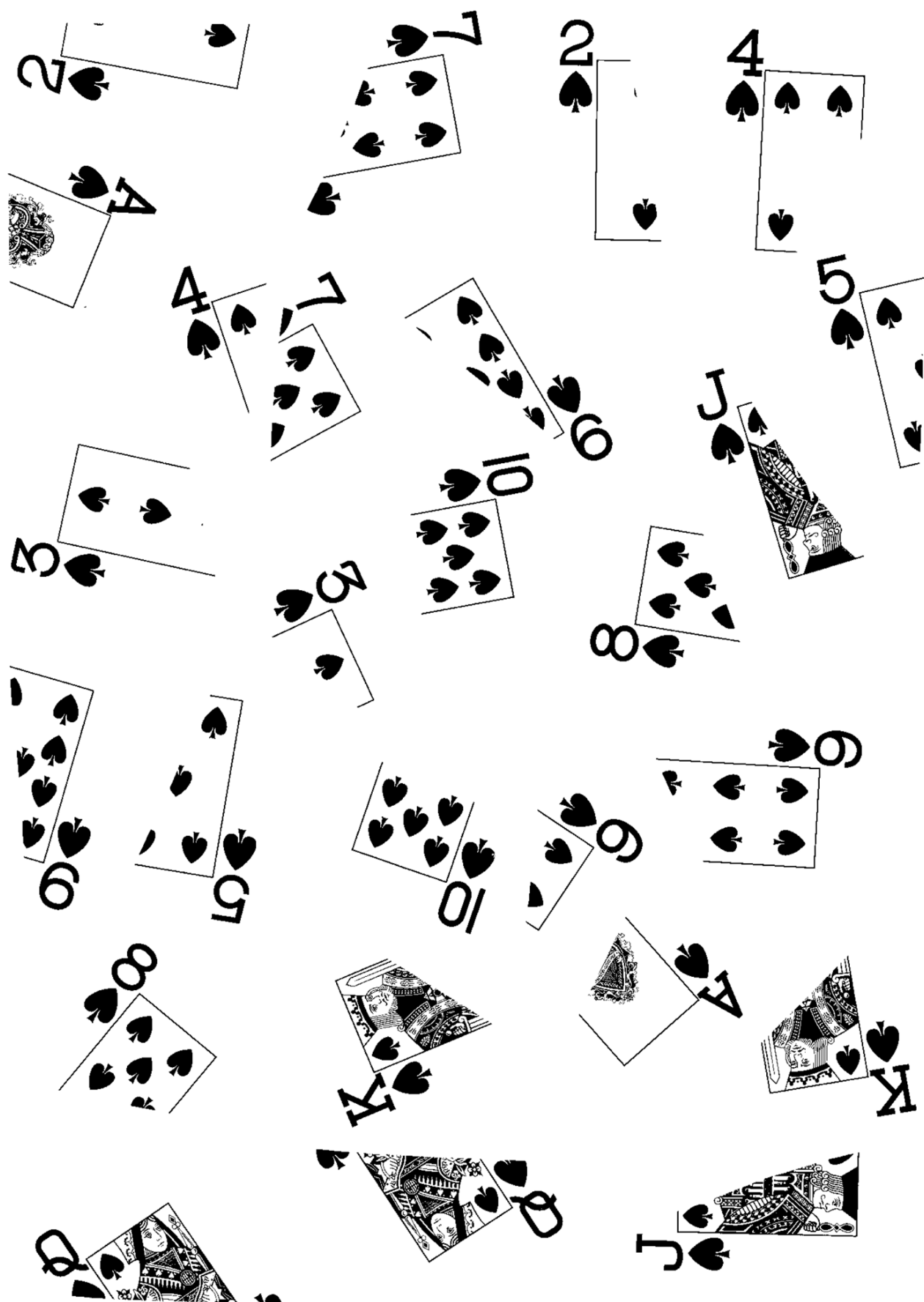


數獨 SUDOKU

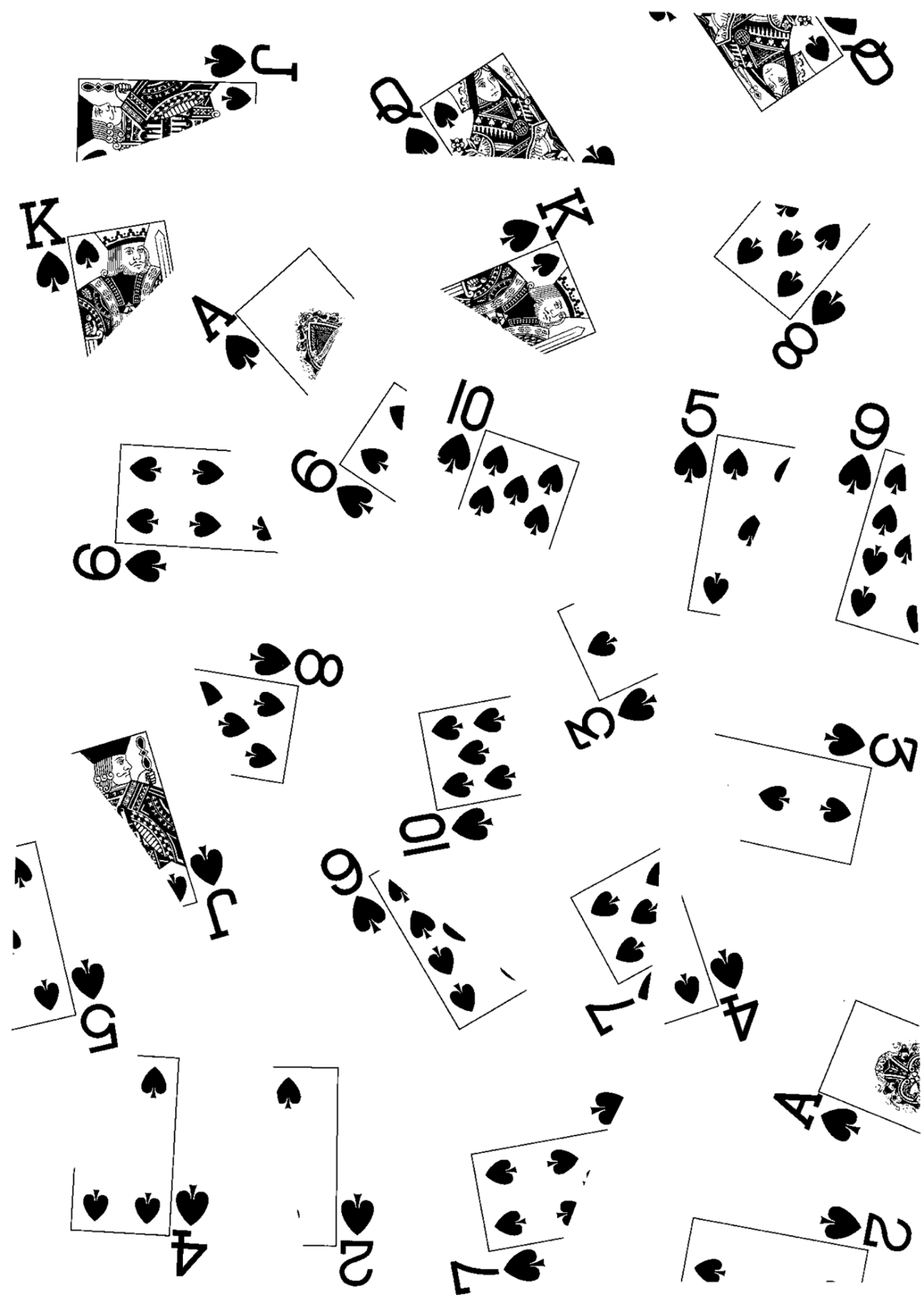
2	9			7	4			
	1					4		
6	7		9		5			
	8		2		6			
	6		8	4	7		2	
			5		1		8	
			7		8		9	2
		6					1	
			4	1			5	8



拼紙牌 Match the Cards

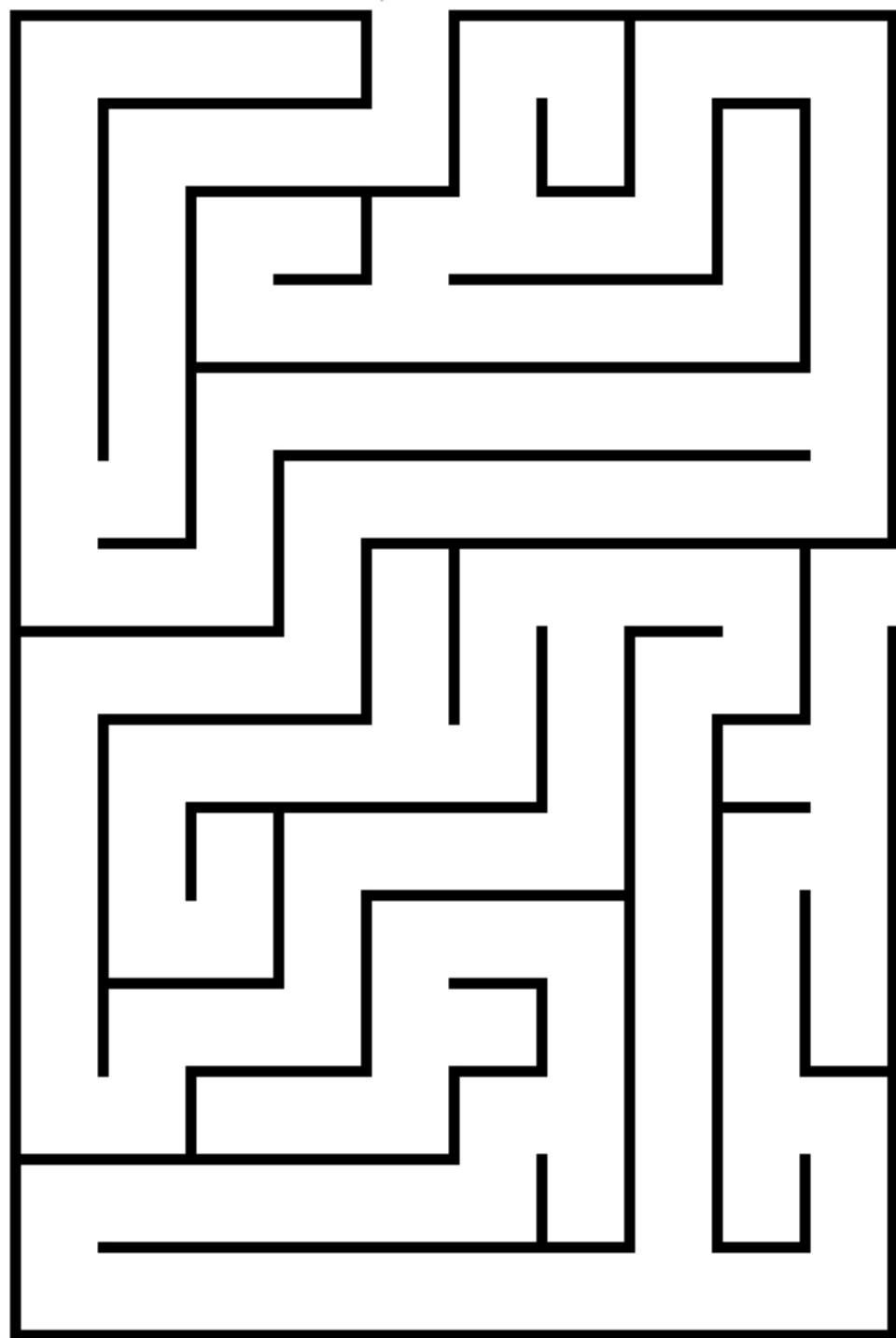


拼紙牌 Match the Cards

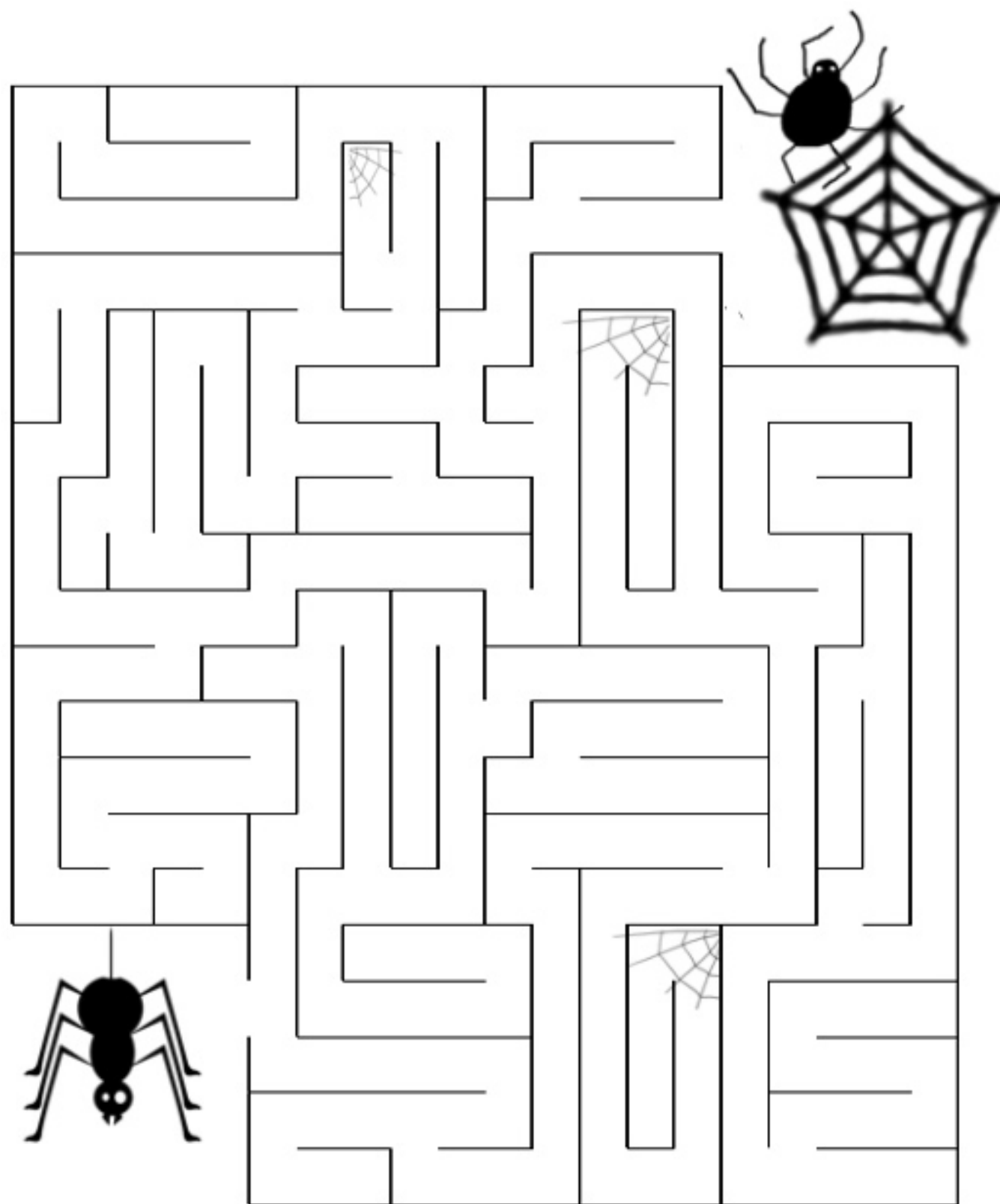




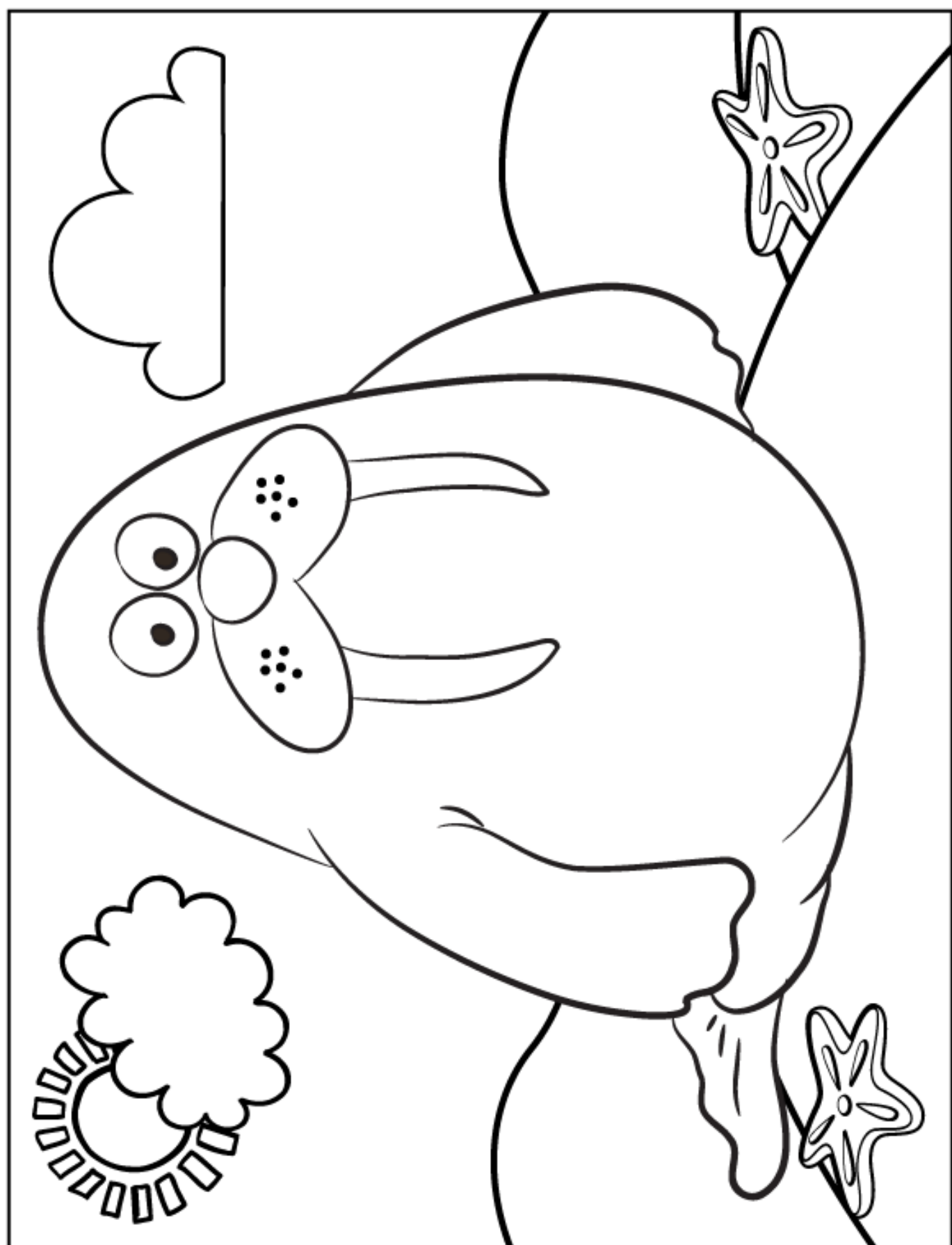
Please help the bunny
catch the butterfly.

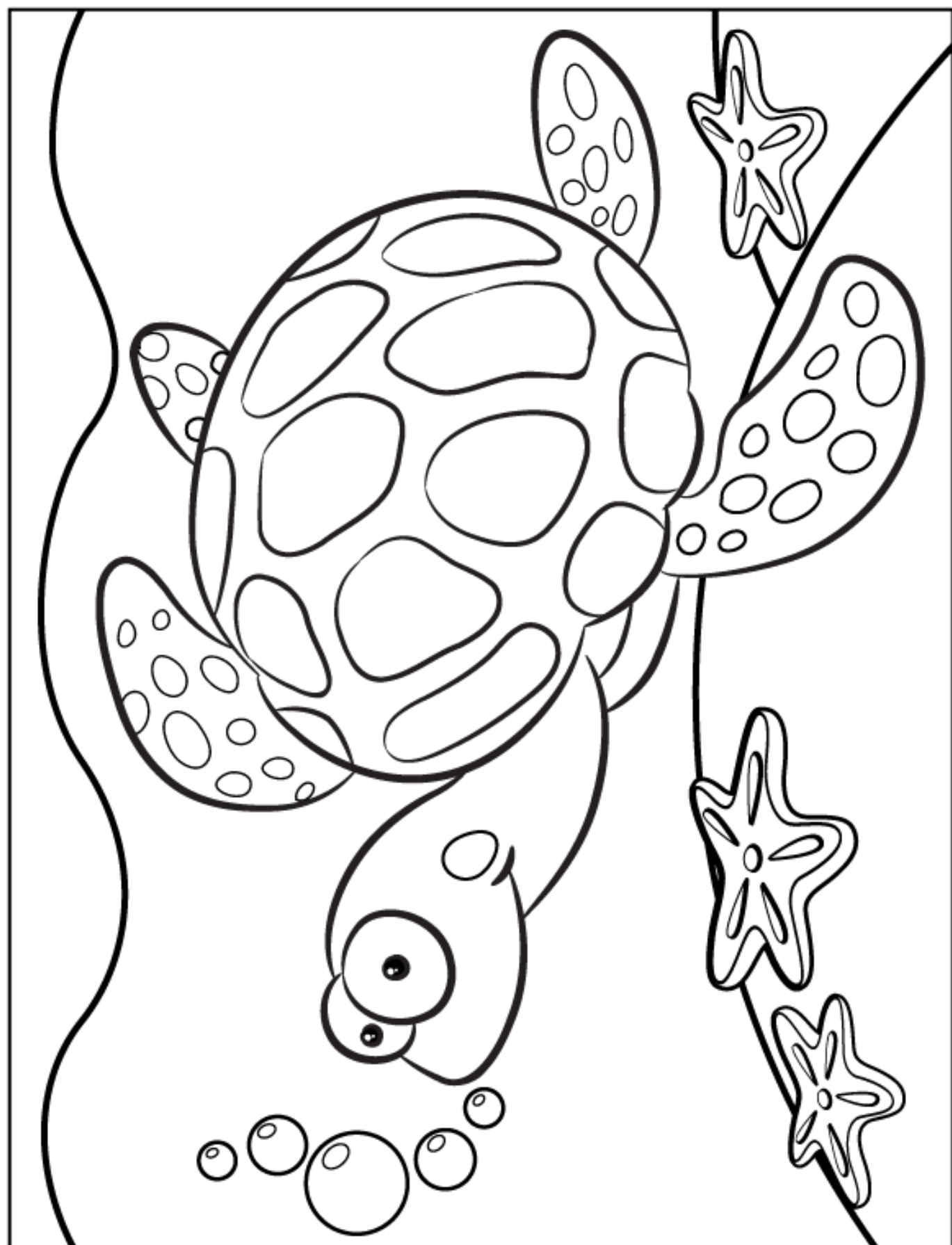


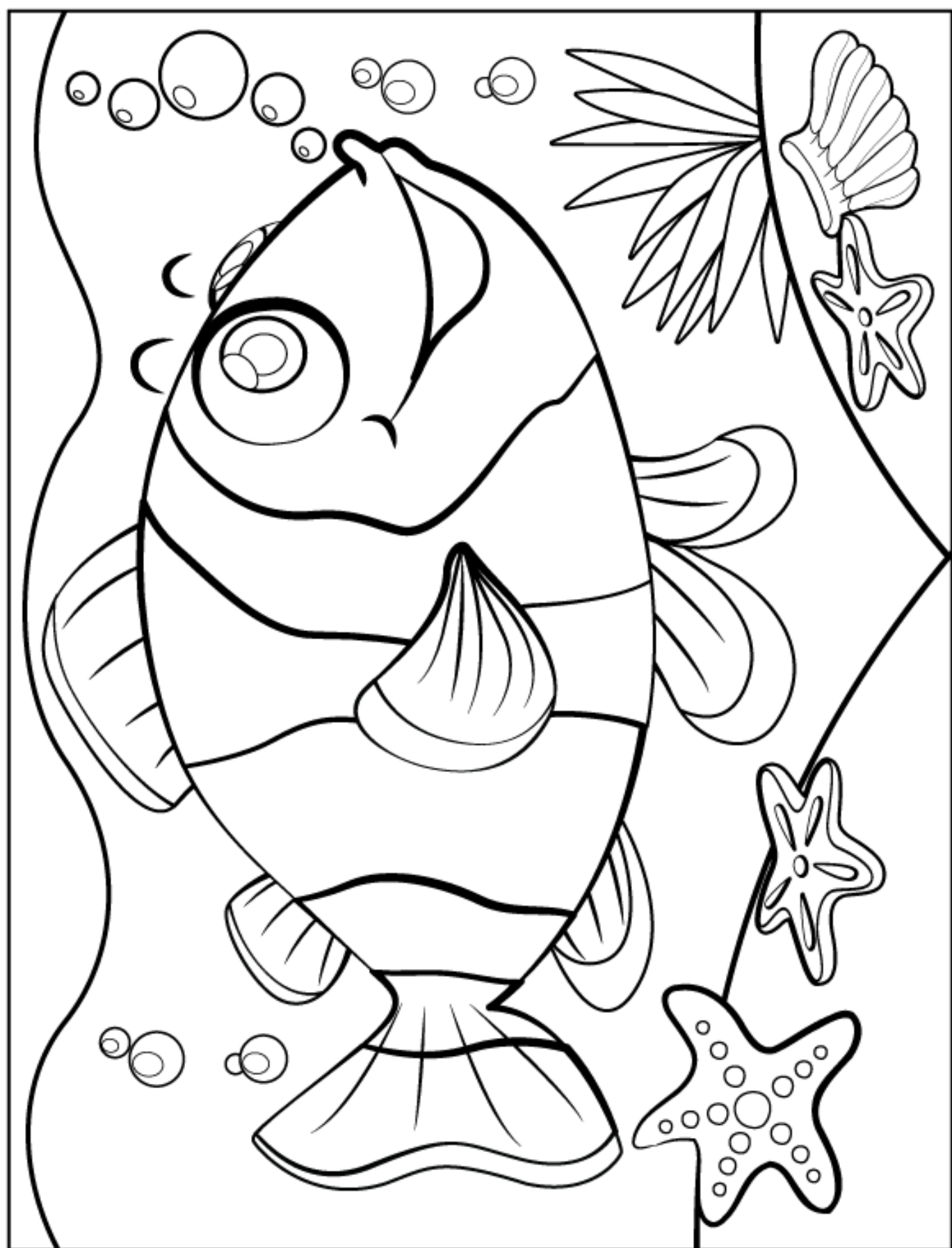
SPIDER MAZE

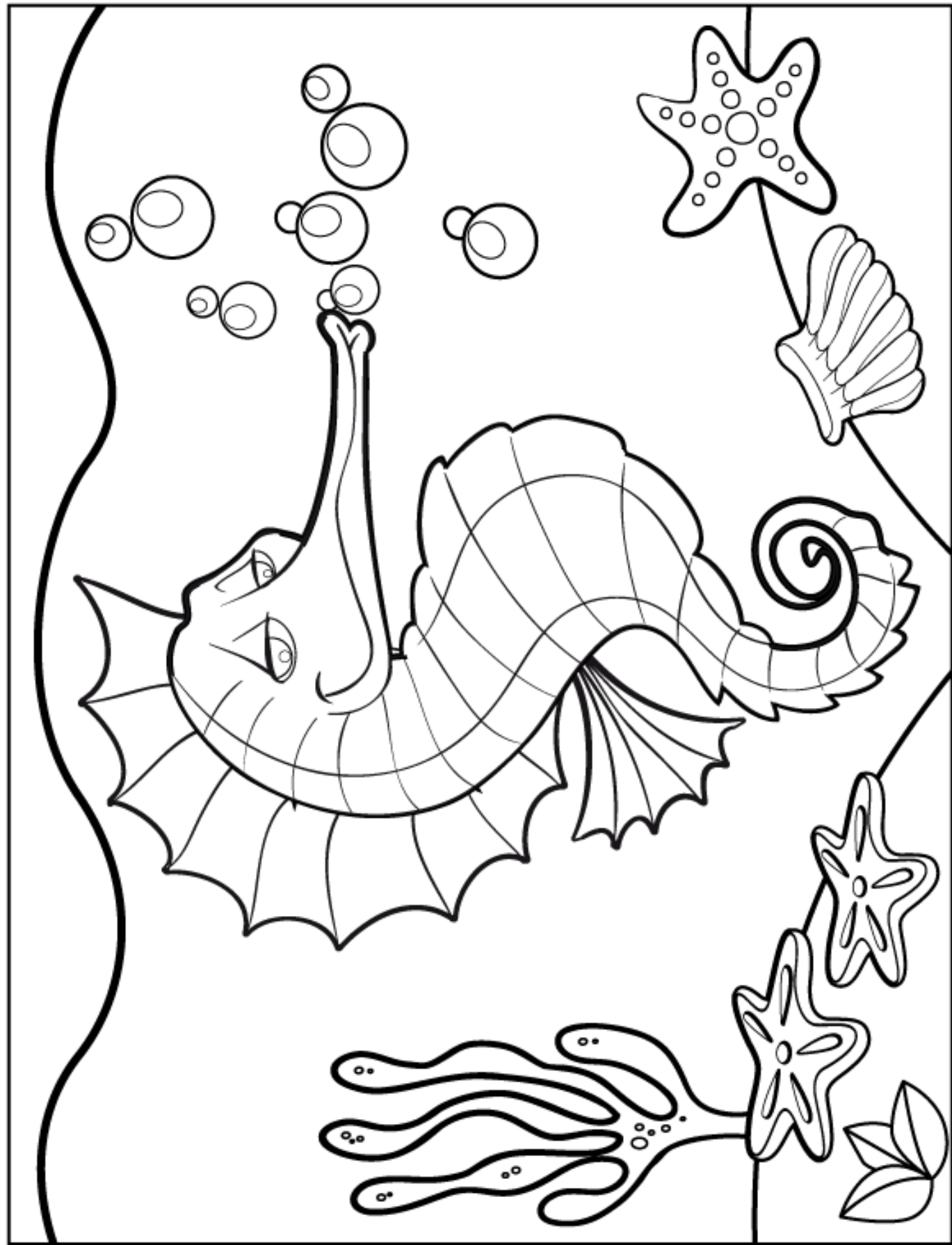


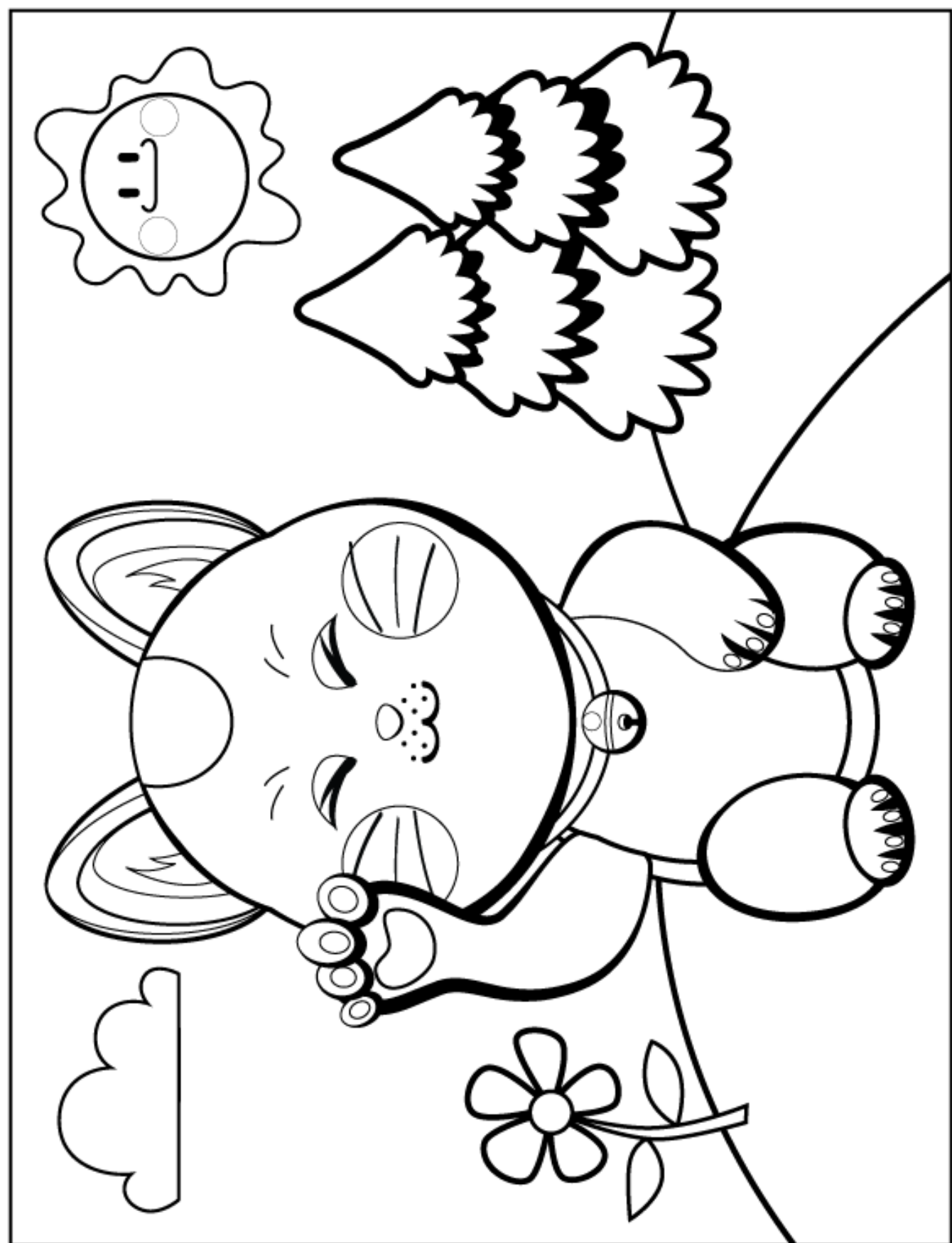


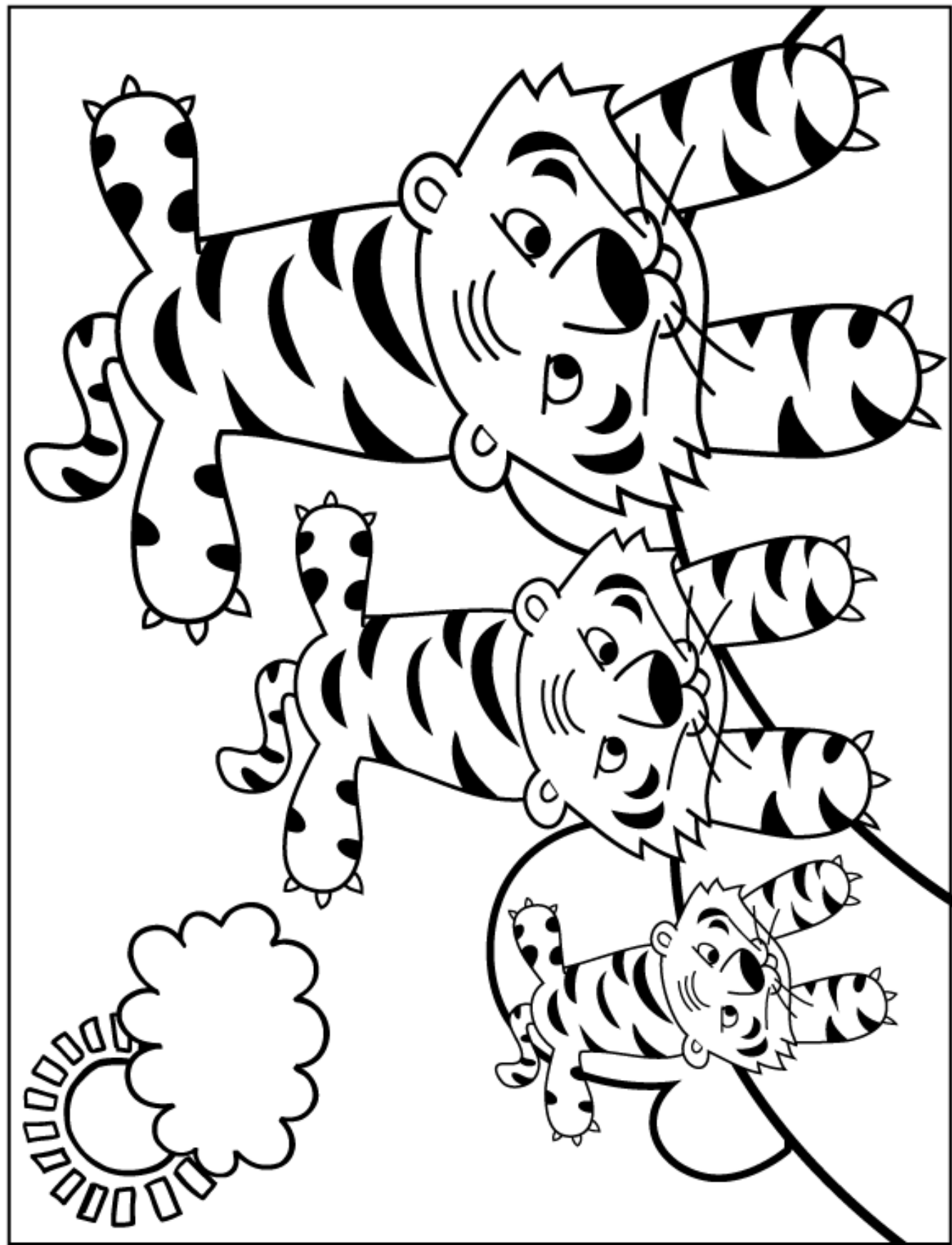


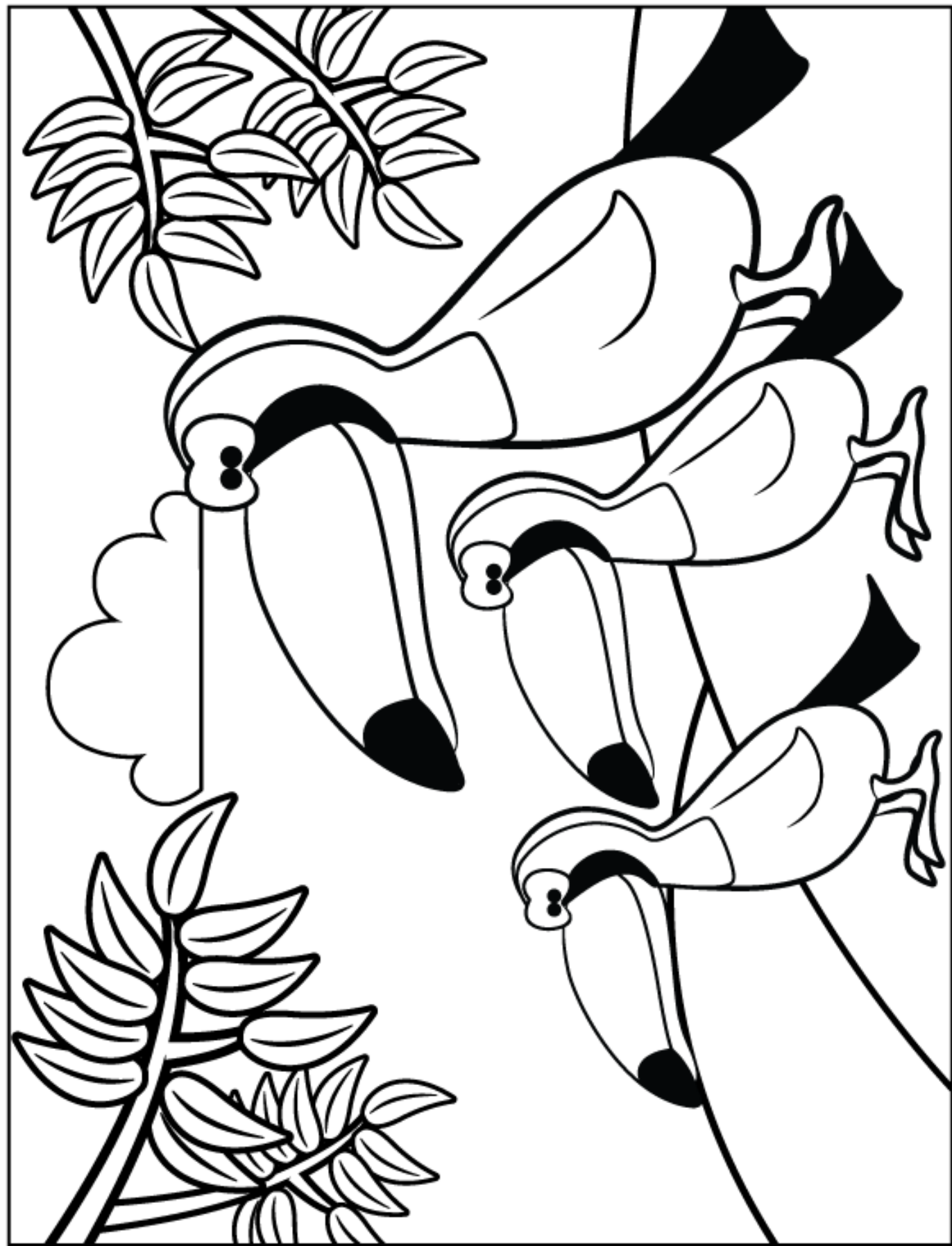


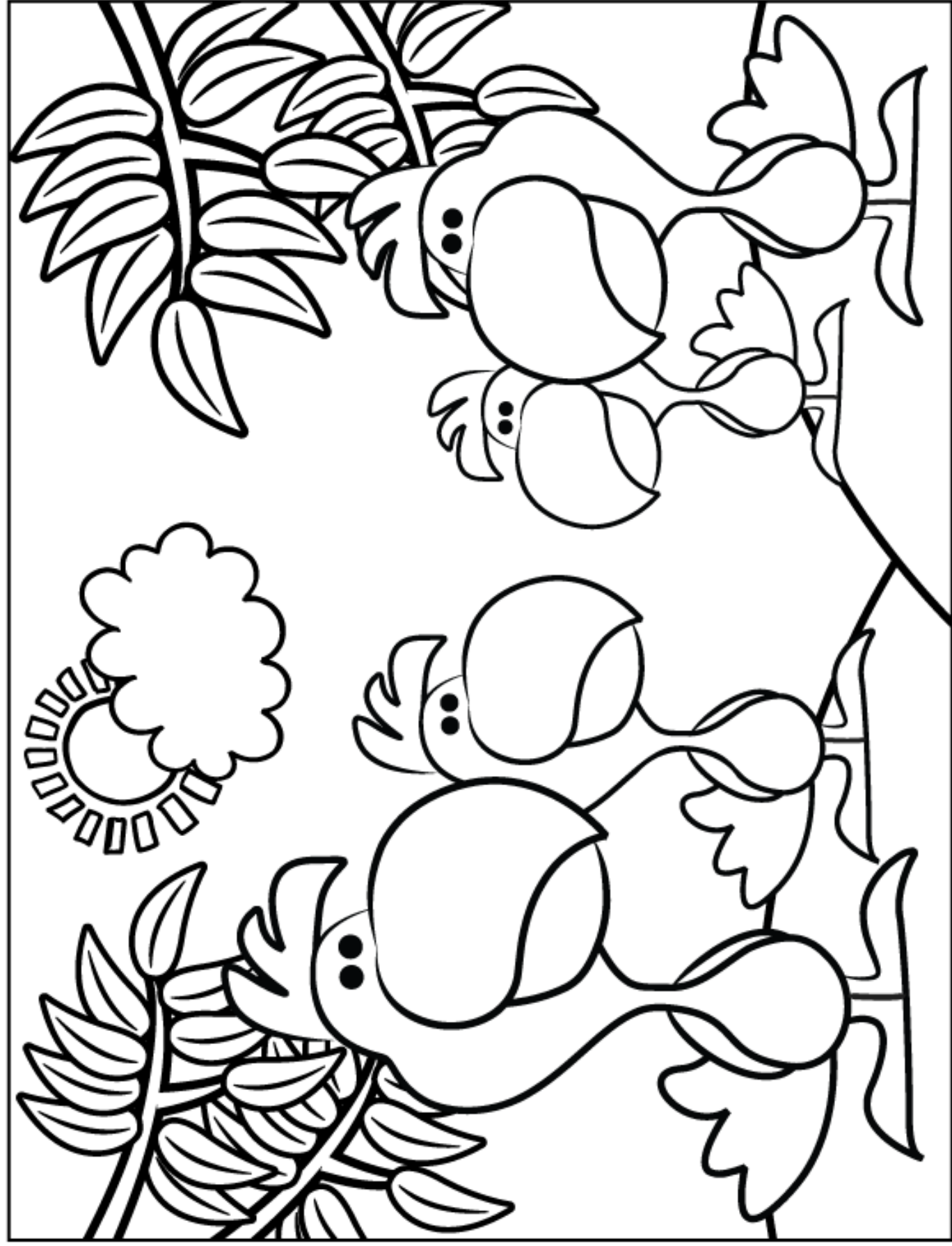










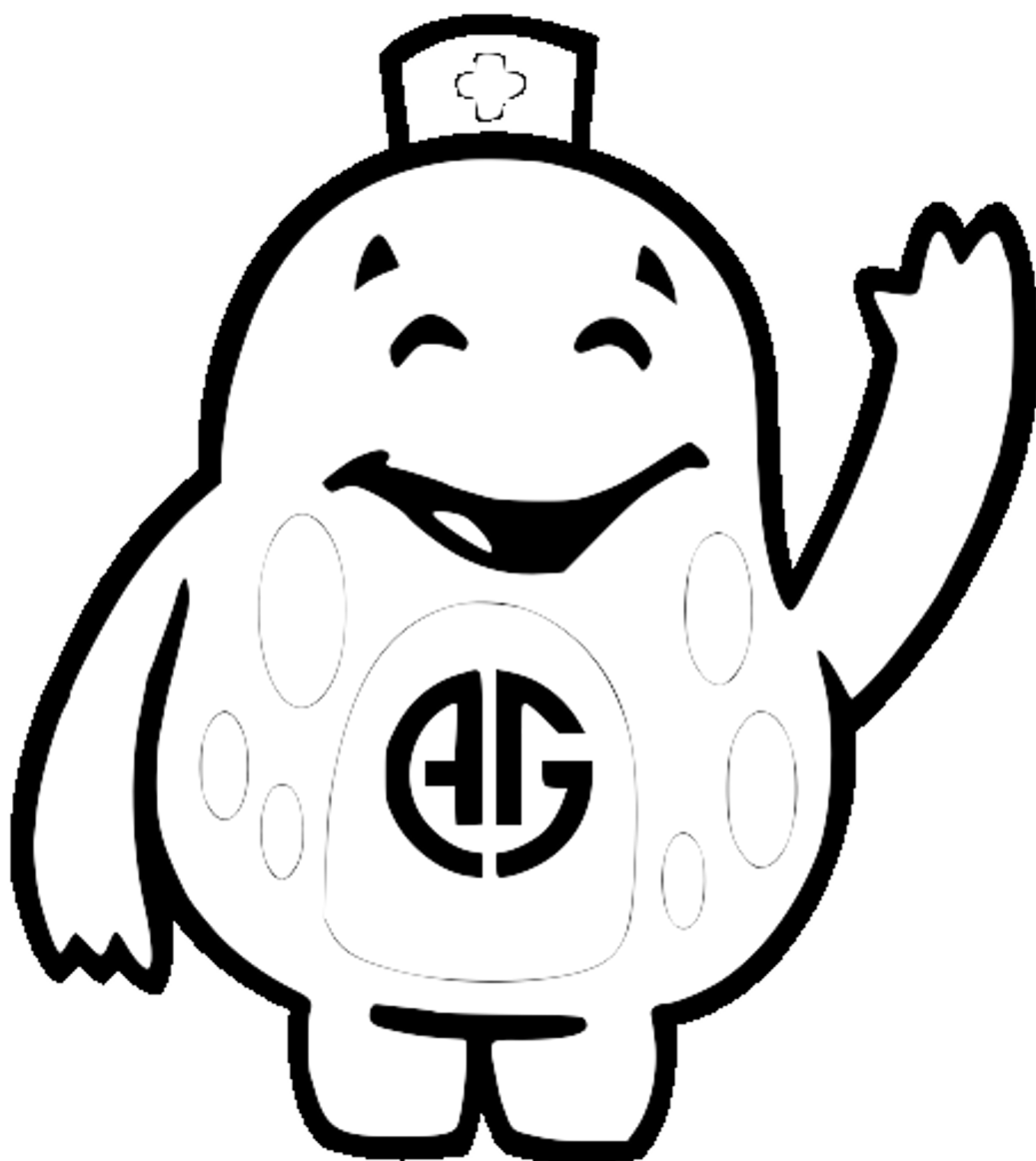


My name is
Bloom-Bloom...





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